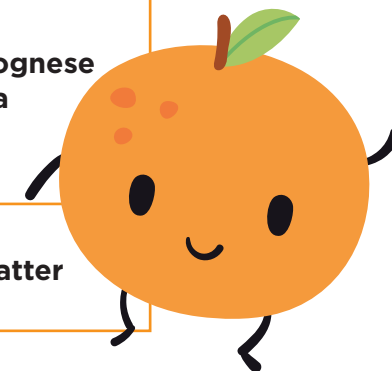


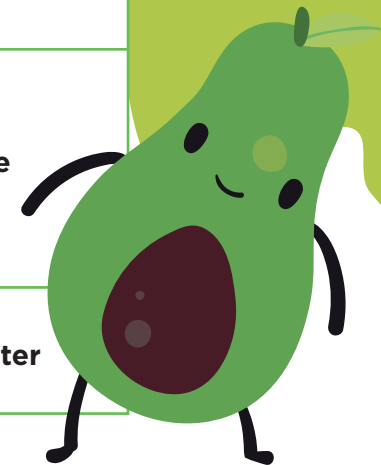
KIDZRUS NURSERY SUMMMER MENU 2022

W1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast
Dinner	Rainbow pasta with toasted flatbread	Cheese & tomato quiche with crunchy salad	Quorn chilli & rice	Fish pie with carrots	Around The World In 80 Days The nursery chef will be trying out a different meal from around the world to allow the childcare to explore new tastes
Dessert	Fromage Frais	Kidzrus homemade cake	Banana & strawberry delight	Strawberry mousse with rainbow sprinkles	Around The World In 80 Days
Snack	Cheese & crackers Vegetable sticks	Turkey rolls with crunchy salad	Pinwheel pizzas with cherry tomatoes	Toasted crumpets	Selection of sandwiches with cucumber slices
Babies Hot Tea	Cheese & tomato risotto	Tuna pasta	Chicken Alfredo with oven potatoes	Meatballs in tomato sauce with cous cous	Quorn Bolognese pasta
Fruit	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter



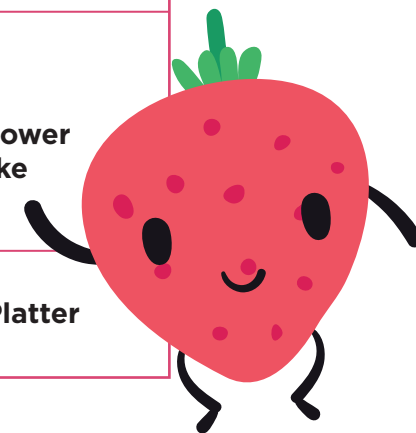
KIDZRUS NURSERY SUMMMER MENU 2022

W2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast
Dinner	Macaroni cheese & broccoli bake	Sweet potato bake	Sweet & sour chicken with noodles/rice	Salmon & leek pasta bake	Kidzrus jacket potato with special filling
Dessert	Artic Roll	Fruit cup	Orange surprise cake	Peaches & cream	Fromage frais
Snack	Pitta sticks & breadsticks with assorted dips	Pizza breads	Croissants with a variety of fillings	Kidzrus summer wrap	Ploughman's Platter
Babies Hot Tea	Quorn chilli with rice	Rainbow Pasta	Mash & beans	Vegetable soup with bread	Fish pie
Fruit	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter



KIDZRUS NURSERY SUMMMER MENU 2022

W3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast
Dinner	Cheesy pea & spinach pasta with garlic bread	Sausage, mash, peas & gravy	Around The World In 80 Days <small>The nursery chef will be trying out a different meal from around the world to allow the childcare to explore new tastes</small>	Cheese & onion pie with mash & beans	Steamy baked cod in parsley sauce with wedges & peas
Dessert	Fromage Frais	Homemade shortbread biscuits with strawberry custard	Around The World In 80 Days	Pancakes with summer fruits	Ice cream sundae
Snack	Kidzrus special wraps	Finger roll sandwiches	Potato cakes with cheese	Pitta sticks & breadsticks with assorted dips	Tortilla wrap pizzas
Babies Hot Tea	Sweet potato bake	Sweet and sour rice/vegetables	Potato cakes with beans	Tuna & red pepper pasta	Cauliflower bake
Fruit	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter



KIDZRUS NURSERY SUMMMER MENU 2022

W4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast	Selection Of Cereals & Wholemeal Toast
Dinner	Tuna pasta bake with sweetcorn	Chicken alfredo with crispy potatoes	Cheese & tomato risotto with summer vegetables	Fish cakes with slices potatoes & beans	Quorn Bolognese with garlic bread
Dessert	Ice cream roll	Homemade fruit jelly	Summer fruits cheesecake	Peaches & cream	Fromage frais
Snack	Assorted sandwiches	Pizza bagels	Home baked bread with various fillings	Crumpets with cheese	Potato salad with veg sticks
Babies Hot Tea	Mash, peas & gravy	Tuna pasta bake	Cottage pie with peas	Vegetable curry with rice	Tomato and basil soup with fresh bread
Fruit	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter	Fruit Platter

