

Celebrating Birthdays

Birthdays and celebrations are important for children. It is however recognised that promotion of Healthy Eating becomes difficult when birthday sweets and treats are brought in for all the children.

As some parents may not wish for their child to eat sweets between meals, and to be given them away from home, we ask for sweets and treats not to be brought in to nursery.

- Parents may bring in a small cake for sharing for their child's birthday. The cake must be nut free and will be served with afternoon snack.
- Practitioners and children will sing happy birthday to the child and make them feel special throughout the day.
- A birthday card will be made by the practitioners and children for the birthday child to take home.