



# Keep me home if...

## I have a rash, lice or nits

Body rash, especially with a fever or itching. Lice or nits.

## I have an eye infection

Red eyes with white or yellow mucus & haven't been prescribed eye drops yet.

## I'm just not feeling very good

Unusually tired, pale, lack of appetite, confused or cranky.

## I'm vomiting

Two or more times in 24 hours. Please do not return for a minimum of 48 hours.

## I have diarrhea

Three or more watery stools in 24 hours. Please do not return for a minimum of 48 hours.

## I have a sore throat

With fever or swollen glands

## I have a fever

AND sore throat, persistent cough, croup, rash, vomiting, diarrhoea, a pain and needing one to one care.



Always keep nursery informed if your child is unwell, with the signs of illness, even if you keep your child at home, so that we are able to keep other parents informed of any excludable outbreaks.

Always advise us of any medication your child has been given and sign it in when you drop them off at nursery. eg. an individual dose of the antibiotics/medication during a course of prescribed treatment, over the counter medications supplied by yourselves, such as pain and fever relief e.g. Calpol. (please ensure all medication is removed from childrens bags and presented to staff)